

BROOKLINE RECREATION OUTDOOR SPRING TENNIS PROGRAM

Provided by NETRESULTS

For Info / Registration www.netresultstennis.net Tennis Hotline 781.239.9975

JUNIOR POWER HOUR SCHEDULE (May 10th – June 6th)

| | <u>Monday</u> | <u>Tuesdays</u> | <u>Wednesdays</u> | <u>Thursdays</u> | <u>Sundays</u> |
|----------------|---------------|-----------------|-------------------|------------------|--|
| 6-7 pm: | ATP I | Futures | ATP I | Futures | 12 pm.... Young Stars 1 pm.... Futures 2 pm.... ATP III |

FEES: \$100 (4 weeks) / Lessons: private/groups
All outdoor programs at Waldstein Park

PROGRAM DESCRIPTION

The Junior program is a games based approach that adds excitement and enjoyment for the kids as they learn through a progression of drills and games specific for particular levels of play.

- * **Young Stars:** (Ages 4-6) Entry level beginners, starting to develop hand eye skills, loads of fun
- * **Futures:** (Ages 7-9) Advanced beginners, juniors that have begun instruction but no play
- * **ATP I:** (Ages 10-12) Intermediate level, junior experience, just starting to play matches
- * **ATP III:** (Ages 13-16) Intermediate level, juniors playing matches / high school tennis

SPRING ADULT PROGRAM (May 10th – June 6th)

ADULT POWER HOUR SCHEDULE

| | <u>Monday</u> | <u>Tuesdays</u> | <u>Wednesdays</u> | <u>Thursdays</u> | <u>Sundays</u> |
|-----------------|---------------|-----------------|-------------------|------------------|--------------------------|
| 7-8 pm: | Rally Nite I | Rally Nite II | Beg | Inter | 9 am.... Inter |
| 8-9 pm: | ---- | ---- | Adv Beg | Beg | 10 am.... Adv Beg |
| 9-10 pm: | ---- | ---- | Inter | Adv Beg | 11 am.... Beg |

FEES: \$100 (4 weeks) / Lessons: private/groups
All outdoor programs at Waldstein Park

PROGRAM DESCRIPTION

Power Hours are a high energy class that includes cardio, stroke development and situational tennis for each specific level of play. The program is also a great way to meet new players of your ability level.

- * **Power Hour Beginners:** Adults that have had minimal or no prior experience playing
- * **Power Hour Advanced Beginners:** Adults that have had lessons prior but not yet playing matches
- * **Power Hour Intermediate:** Adults that are current or former players that have match experience



**OUTDOOR SPRING 2010
Brookline Recreation Tennis
Registration Form**

Player's Name _____ Age (Jrs Only) _____

Parent's Name (if applicable) _____

Address _____

Home Phone # _____

Cell phone # _____

E-mail _____

Level _____ Day _____ Time _____

Amount Included _____

Please forward registration forms to:
NETRESULTS, LLC P.O. Box 81313 Wellesley Hills, MA 02481
Brookline Tennis Hotline 781-239-9975
Check us out @ www.netresultstennis.net

- * **Registrations:** Class size is limited. Registrations are accepted on a first come, first serve basis.
- * **Make Up Policy:** 24 hour notice must be given when absent. One make up allowed per cycle.
- * **Rain Dates:** We will contact you by e-mail in the event of inclement weather. The rain date will be determined by NETRESULTS.

I agree that the instructional program runs for 5 weeks and that NETRESULTS can not guarantee make ups for missed classes. I hereby waive, release, absolve, indemnify and agree to hold harmless NETRESULTS, their directors, instructors, staff and volunteers from any claim arising out of injury to my child or myself. I also consent to allow medical treatment in case of emergency.

Signature (required)

Date