

BROOKLINE RECREATION INDOOR SPRING TENNIS PROGRAM

Provided by NETRESULTS

For Info / Registration www.netresultstennis.net Tennis Hotline 781.239.9975

JUNIOR PROGRAM SCHEDULE (March 24th – June 6th)

	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Saturdays</u>	<u>Sundays</u>
9-10 am	----	----	Futures	Young Stars
10-11 am	----	----	ATP I	----
11 am-noon	----	----	Young Stars	Futures
Noon-1 pm	----	----	----	Young Stars
1-2 pm	----	----	----	Futures
2-3 pm	----	----	----	ATP I/II
6-7 pm	ATP I	Futures	----	----
7-8 pm	ATP II	ATP II	----	----

FEES: (Wed-Sat: 10 classes \$250) (Sun: 9 classes \$225)
All indoor programs at Brookline High School gym: 66 Tappan St.

NO TENNIS: April 4th / April 17th - 23rd

PROGRAM DESCRIPTION

The Junior program is a high cardio dynamic that is a games based approach that adds excitement and enjoyment for the kids as they learn through a progression of drills and games specific for particular levels of play.

- * **Young Stars:** (Ages 4-6) Entry level beginners, starting to develop hand eye skills, loads of fun
- * **Futures:** (Ages 7-9) Advanced beginners, juniors that have begun instruction but no play
- * **ATP I:** (Ages 10-12) Intermediate level, junior experience, just starting to play matches
- * **ATP II:** (Ages 13-16) Intermediate level, juniors playing matches / high school tennis

ADULT POWER HOUR SCHEDULE (March 24th – June 6th)

ADULT POWER HOUR SCHEDULE

	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Saturdays</u>	<u>Sundays</u>
9-10 am	----	----	Adv Beg	Int
10-11 am	----	----	Int	Adv Beg
11 am-noon	----	----	Beg	Beg
7-8 pm:	Beg	Int	----	----
8-9 pm:	Adv Beg	Adv Beg	----	----
9-10 pm:	Int	RALLY NITE (1.5 hrs)	----	----

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NO TENNIS: April 4th / April 17th – 23rd

PROGRAM DESCRIPTION

Power Hours are a high energy class that includes cardio, stroke development and situational tennis for each specific level of play. The program is also a great way to meet new players of your ability level.

- * **Power Hour Beginners:** Adults that have had minimal or no prior experience playing
- * **Power Hour Advanced Beginners:** Adults that have had lessons prior but not yet playing matches
- * **Power Hour Intermediate:** Adults that are current or former players that have match experience
- * **Rally Nite:** (High Adv Beg/Low Int) Adult pro monitored match play program along w/ 15 min warm-up



2010 Indoor Spring Brookline Recreation Tennis Registration Form

Player's Name _____ Age (Jrs Only) _____

Parent's Name (if applicable) _____

Address _____

Home Phone # _____

Cell phone # _____

E-mail _____

Level _____ Day _____ Time _____

Amount Included _____

Please forward registration forms to:
NETRESULTS, LLC P.O. Box 81313 Wellesley Hills, MA 02481
Brookline Tennis Hotline 781-239-9975
Check us out @ www.netresultstennis.net

- * **Registrations:** Class size is limited. Registrations are accepted on a first come, first serve basis.
- * **Make Up Policy:** 24 hour notice must be given when absent. **One make up allowed per cycle.**
- * **Rain Dates:** We will contact you by e-mail in the event of inclement weather. The rain date will be determined by NETRESULTS.

I agree that the instructional program runs for 10 weeks and that NETRESULTS can not guarantee make ups for missed classes. I hereby waive, release, absolve, indemnify and agree to hold harmless NETRESULTS, their directors, instructors, staff and volunteers from any claim arising out of injury to my child or myself. I also consent to allow medical treatment in case of emergency.

Signature (required)

Date